

For Your Information...

Expanding Horizons Grants

Take your students on a field trip with help from Expanding Horizons Grants. The grants are available from STA to help our members fund field trips in central New York.

Funds can be used for cultural events, to invite guest speakers to your school or classroom, participate in community experiences, provide summer enrichment and more.

Note: The NEW application and instructions may be downloaded from the STA website (you may fill it out online):
www.syracuseteachers.org

Flu Prevention

With all the talk of a possible flu pandemic, it is good to know that the simplest of acts can help keep you safe.

Prevention means limiting the spread of germs and preventing infection:

- Improve hygiene by washing hands frequently with soap and water, and model the correct behavior for children.

Many of us are guilty of skipping out at the sink. According to a 2005 survey sponsored by the American Society for Microbiology, 91 percent of adults say they always wash their hands after using a public bathroom, but in reality, only 83 percent were observed doing so. Only 32 percent of those surveyed say they always wash their hands after coughing or sneezing.

Viruses can survive on your hands for hours, and washing your hands regularly is a proven way to decrease your chances of getting sick — even if a deadly pandemic flu hits. Our nation's top health officials say: use warm water, wash with soap for at least 20 seconds (imagine singing the "Happy Birthday" song twice), and if possible use your paper towel to turn off the faucet. If you are not near soap and water, an alcohol-based gel will do.

- Cover coughs and sneezes with tissues, or cough into the crook of your arm and be sure to model that behavior.
- Stay away from others as much as possible if they are sick. Stay home from work and school if you are sick.

--NYSUT website

STA Election Results

Congratulations to **Mindy McCarthy** (Henninger) who was elected 2nd Vice President of STA and to **Jackie Schneider-Revette** (Fowler) who was elected Unit 1 Director.

Due to Mindy's election, the Election Committee has declared a position of Unit 1 Director vacant. If you are interested in this position, please send your resume (400 words or less) to the STA office no later than November 6th. Resumes will be included with the next Rep notice. The election will take place on Wednesday, November 18th.

Mark Your Calendars...

November

- 9 - STA Ex. Bd. - 3:45 PM
- 10 - Board of Education 5:30 PM
- 17 - Unit 10 GM mtg. - 3:30 PM STA
- 18 - STA Rep Assembly 3:30 PM
- 19 - Unit 8 Ex. Bd. - 3:30 PM

December

- 1 - Unit 7 Ex. Bd. - 2:30 PM
- 3 - Unit 8 General Membership 3:30 PM
- 7 - STA Ex. Bd. - 3:45 PM
- 8 - Unit 7 General Membership 2:30 PM
- 9 - STA Rep Assembly - 3:30 PM
- 9 - Board of Ed meeting 5:30 PM

CNY SRP COUNCIL FALL FLING

The CNY SRP Fall Fling will be held on **Thursday, October 22** from **4:00 - 7:30 pm** at the **NYSUT Syracuse Regional Office**.

Exhibits 4:00 - 5:00
Workshops 5:00 - 6:30

- **H1N1 Flu and What it Means For You**
- **Employee Retirement System**
- **Teacher Retirement System**
- **NYSUT Social Services**
- **Issues in Technology for Education Professionals**

Light Dinner
(Provided by NYSUT)

Introductions and Comments

If you are interested, contact
Suzanne Matteson at
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STA "Note" Contributors:

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Unit 8 President
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